



SKILLSETS OF EVOLUTION

HOW TO UNDERGO THIS TRAINING



Skillsets of Evolution is a four-month, 16-week training program for the development of your advancing metaphysical abilities.

It incorporates five main areas of immersion. These include:

1. Weekly Classes
2. Weekly Activations
3. A Training Manual (Book)
4. Practical Application
5. A Containing, Telepathic Matrix

A detailed summary of each area is included in this document.

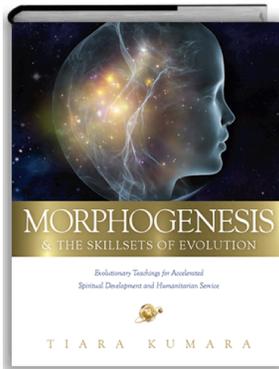
You are enrolling into a ‘master class’ that requires dedication and commitment to go all the way. This is not something to be casually engaged as there is a lot going on energetically.

To get the most from this program and with real, progressive results, it is super important to set yourself up into a consistent rhythm to easily participate in all five areas.

A SAMPLE OF YOUR WEEK FLOW

- * Attend the weekly class ~ watch and listen to the video teaching with Tiara. (repeat)
- * Read the corresponding chapter in the Training Manual.
- * Read and review any of the *Morphogenesis* content.
- * Meditate with the recommended audio transmission(s).
- * Do your divine homework ~ refer to the ‘Practical’ in the Training Manual.
- * Attend the Activation Session on Saturday.

1. TRAINING MANUAL ~ BOOK



The Training Manual is a timeless classic that everyone who is advancing into unity consciousness can use as a reference manual for acceleration into higher evolution and multidimensional living.

Featuring ~

- * The powerful Morphogenesis teachings
- * The Skillsets of Evolution training program.
- * Practical integration
- * Meditative exercises and affirmative reprogramming

This comprehensive manual is available to everyone! It comes as an online download and at no extra cost to fully enrolled students.

MORPHOGENESIS & The Skillsets of Evolution
Book available on Amazon.com

If you prefer to have this beautiful Training Manual in the form of a tangible book, you can order that from Amazon.com as an extra purchase. It will then be delivered right to your doorstep.

2. WEEKLY CLASSES

There are 16 classes in this advanced training program. They are presented one per week in the form of 30-minute video discourses. You will receive an email to announce each week's class.

Listen and re-listen to the discourse any day during the week and read the corresponding chapter in the Training Manual.

3. WEEKLY ACTIVATIONS

Live activations take place every Saturday at 11 am, New York, USA. These are sessions of remote energy transference purposed to assist your developmental shifts.

Please try to make it a priority to attend the live event with the unified group field.

If you cannot attend on Saturday, the energy is sustained for a full day. You can still receive the live energy at any time after the event takes place within a 24-hour window.

The programming of the energy transference is uploaded as a 'packet of light' to the Unity Grid. To receive it, just precede normally by following the guidelines (below) and sitting in meditation for at least 30 minutes.

*** The Facilitation**

Tiara will facilitate the live sessions together with her higher dimensional Light Team. This type of work is one of her strongest talents as a spiritual initiator and Divine Channel. She activates through high frequency vibration transferred through her energy field and the magnetic radiation of her intention focused with yours.

The overall intention of these sessions is to assist with the development of your greater abilities. The type of support you will receive is usually specific to the class content you are focusing on. A summary of those details will be provided each week in an email.

The energy activations work in partnership with your personal intentions. The type and amount of energy received will be aligned to your highest good in the now moment.

*** How to Receive the Activation**

These are sessions of remote energy transference. You go into meditation in a quiet place and Tiara and her Light Team are channeling the energy to you. (This is not an audio recording or teleconference.)

- * Choose a quiet space such as your bedroom or meditation area where you will be uninterrupted for 30 minutes.
- * Sit in meditation or lie down on your back. Keep the spine straight. Do not cross your arms or legs. Remain in this free flow position.
- * Connect to Tiara and then place your focus with your Greater Self. Call in your spiritual guidance system.
- * Affirm your intentions for desired change and then go into meditative state. Keep your vision on the preferred outcome.
- * You are in receiving mode. The idea is to quiet the mind and body.
- * Please breathe slowly and rhythmically. Keep coming back to the breath.
- * Keep making notes of your progress.

4. THE PRACTICAL

An important part of this high level training program is the recommended “Practical” and applying what you are learning into daily life. After each class, you will be given some divine homework for the week ahead and prior to the next week’s class.

One of greatest considerations in this training is to ground and stabilize your expanding multidimensionality into physical reality, all the while thriving and enjoying a liberated life.

Therefore, your spiritual training should always be reflecting and bridging into your daily routine. It becomes quite fun to see how life starts morphing into a seamless interplay of shifting realities.

*** Lesson Reviews**

To help with kinesthetic assimilation, please read and listen to the class discourses (videos) repeatedly during the week. It is also suggested to review the *Morphogenesis* teachings contained in the Training Manual.

*** Daily Spiritual Practice**

This training program includes practical integration, which can be regarded as Divine Homework. This is not about hard studying, however, it will require some discipline to be extra observant.

It is suggested that you set yourself up into a rhythm and create sacred space each day for your lessons and attunements.

*** Meditation and Developmental Exercises**

Each class will have specific exercises to assist your spiritual development and are located in the Training Manual under each skillset. This will come in the form of contemplative meditations, visualizations, activities in nature and transmissions.

*** Guided Audio Meditations**

Many of the audio meditations from the Morphogenesis program will be recommended as support in this course. These guided audios are timeless pieces that give activation and support to your developing abilities.

They are included as part of your course fee.

*** Journaling and Progress Notes**

It is highly recommend to keep a journal and make notes of your progress throughout this entire training. You will be amazed by your transforming results.

Most likely, there will be a lot of note taking, especially considering all of the incoming intuition, telepathic messages, dreams and downloads that you will receive.

It is wise to also record anything you might be questioning or pondering and then to see how the answers come in the form of life reflections.

Some day you might want to look back upon how you made this great transformative shift and especially to share this information with others. My journals have been quite a blessing to me in this way.

*** Affirmative Reprogramming**

Your Training Manual includes powerful affirmations for each developing skillset.

A practice of voicing affirmations is a great way to re-program your thought structure and charge your entire energy field with positive intention. Remember, our physical reality is a reflection of how we think and what we project in the environment around us.

You can affirm your spiritual evolution nature every morning or evening as a regular practice, *and* as a way to feel empowered with your Greater Self. Affirmations give great acceleration to manifesting your highest preferences in life.

You can even record yourself while voice the affirmations. Replay them to hear yourself boldly claiming your next steps and highest preferences. This is a really powerful exercise that brings great results.

5. THE CONTAINING MATRIX AND TELEPATHIC BUBBLE

A containing, telepathic matrix will be anchored around you and the group as a whole. This will be a magnetic field that bubbles you throughout the entire four months.

The highest purpose of this supporting field of energy is to assist your integration of the teachings and all that you will be opening into. Most importantly, you will receive a live example of divine channeling in action.

As your guide, I am going to communicate with you multidimensionally. This will come in the form of a magnetic current coming to you, and one that is mirroring many reflections from the teachings of this course and your higher sensory development.

This energy current will only intersect and interact with your personal energy grid from a matching resonance and the principle of 'like attracts like'. In other words, the more consciously engaged you are with your development, the more that my rays of support will be able to find you.

This will not be an overwhelming stimulation or life interference; rather it will come to you in a way that is gentle, operating from the realm of subtle vibration. I am working with you soul-to-soul while assisting the personality to feel safe.

This will involve consistent yet subtle transmissions of light and the sending of telepathic messages. You might experience this in your dreams, your intuition, ringing in the ears or thought and feeling downloads. It could just be a soft nudge in an area of resistance. You may also experience clearings and releases. You might even sense my presence or see me in your visions.

My main intention is to uphold the field of intention in this coursework and upon the development of your expanded abilities. It is to always regard me as a 'reflection' to what you are creating and drawing forth. I am merely serving as a bridge to your higher mind. I am here to reinforce that connection and in whatever way the 'Divine' wants to use me.

The idea is to remain consciously attuned to the magnetic and telepathic bubble in which you are contained, all throughout this four-month training. Observe any unusual messages and impressions from our merged field of intention. This is a group endeavor and you might also feel the presence of other people. It is going to be really fun.

For everyone who is interested to have this level of support, the containing matrix will be anchored during your very first activation session. This is the class, Multidimensional Intelligence, part I. If you prefer to not have this type of energetic support, then just say no and do not attend the activation.



*Thank you for joining with me in this life-changing endeavor.
Have a most beautiful and expansive experience.*

Tiara Kumara